

CFFA Options and Offerings

All membership and class options require some level of USA Fencing membership.

Club Practices – the main club practices are Tuesday/Thursday with footwork starting at 7:45 pm with free fencing thereafter. There will be occasional Saturday practices (usually in the summer) if there are no tournaments that people are attending. Fees for these are \$10 for a single night floor fee or \$45 per month. There are also yearly plans August to August (\$450) or 6 month plans August to February and February to August (\$225).

Homeschool – Special homeschool practices occur on Wednesdays during the school year. Advanced fencers practice 1 – 2:30 pm and beginning classes are 1:30 -2:30 pm. Cost is \$5 per time floor fee for the advanced fencers and \$40 for the 8 week beginner homeschool class.

Afterschool - Class will meet for approximately 1 hour starting at 3:30 pm during the school year. Students should attend twice per week, once on Mon/Tue and once on Wed/Th. Advanced and beginning students meet at the same time. Cost for the advanced fencers is \$25 per month. The 6 week, twice a week, beginner class is \$50.

Evening Beginner Classes - CFFA's evening beginner classes are 6 week, twice per week classes. The days alternate with a class starting one month on the first Tu/Th, and the next month on the first Mon/Wed. Fees for beginner classes are \$50 for the entire twelve sessions.

Lessons – Lessons are available from coaches Greg Spahr and Brendan McConville, and perhaps others as the need arises. Lessons are \$20 for approximately ½ hour. Speak with either coach to set up times for lessons.

CFFA USA Fencing Events – The club holds 2-3 home fencing events each half season. Usually these have an open foil, an open epee, and a lower level foil or epee event. We also hold the Lynn Kruprey Memorial Iron Maiden, North Carolina's only women's three weapon event.

North Carolina High School Fencing League – The NCHSFL generally has a season from about November 1 to late February. Usually there are 6 meets; 4 regular season, 1 team championship, and 1 individual championship. There is an A league foil representing high school teams, and B league foil and epee where the teams can be from a high school, a club, or put together from multiple entities.

Pisacafe – (Piedmont – Sandhills – Cape Fear) This is a league for elementary and middle school fencers. They hold a season with approximately the same time frame and number of events as the NCHSFL. However, their events are all held as individual tournaments.

NCHEAC – (North Carolinians for Home Education Athletic Commission) This league meets in conjunction with the Pisacafe. There is an A league for foil teams representing various clubs and a B league which holds individual events in foil and occasionally epee.

12 and under events – CFFA hosts a number of in house 12 and under events during the year. Trophies are given to the top three (and ties) finishers in the entire event, with medals to the top three 9 and under fencers who don't win a trophy. Yearlong awards of swords are given to the top boy, girl, and fencer voted as showing the best sportsmanship by the other fencers.

McDougals – McDougals are occasional, usually in the summer, fun events that take the place of an evening practice. They tend to be offbeat events (1 touch epee, fencing with the offhand, etc., or made-up team events)

Ordering Gear – Fencing Gear can be ordered through the club. We receive a large discount through Absolute for their products, with a lesser discount for the other manufacturer's gear that they represent. We also have discounts through a couple of other fencing retailers.

Most of the above are held in the Tileston gym, usually in the basement, Ann Street and South 5th Avenue in Wilmington.